

EyeScreen Photographic Examination

North County Optometry and Dr. Mitchell Shulkin are pleased to provide our patients with an advanced digital retinal exam called EyeScreen. EyeScreen is a high resolution screening photograph of your retina which will help us document, review, and compare your retina over time. We will use the EyeScreen exam to document a baseline image for our charts, screen for eye diseases and improve our ability to view your internal retinal health at a much higher resolution than with traditional instruments. (Note : previous images taken with the old Optos machine will be used as the baseline image if available)

Most diseases have NO SYMPTOMS in early stages. We are concerned about retinal problems such as macular degeneration, glaucoma, retinal holes, detachments, diabetic retinopathy (all of which can lead to partial loss of vision or blindness). Additionally many symptoms of systemic diseases such as diabetes, hypertension and stroke have a marked affect on vision and may be seen with the EyeScreen Examination BEFORE you notice obvious symptoms.

What you can expect from this exam:

- An in depth view of the retinal surface (where eye diseases first manifest)
- The ability to review the images with you (we will show you your retina)
- A permanent record for your medical file, for serial analysis, comparisons, and diagnosis
- To be fast, easy and comfortable
- Usually no dilation drops for the test (we will inform you if they are required)

Since insurance will only pay for retinal photos after eye disease is discovered the EyeScreen Examination is an out of pocket expense.

Dr. Shulkin recommends this procedure for all of his patients and will perform the EyeScreen Exam at an additional cost of \$30 to the basic eye exam you are receiving today. In the event you would not like EyeScreen Examination – we would recommend that we dilate your eyes with dilating pharmaceutical eye drops. These drops take 20-30 minutes to take effect. They may cause blurred vision especially for close work and will make you more sensitive to light. These drops will last from 6-8 hours and may make driving more difficult. Dilation will gain us a little extra margin of disease detection using our traditional instruments. There is no addition costs for dilation. Please select one of the following boxes.

- I AGREE TO have my retinal health evaluated with the EyeScreen Exam. (\$30.00)
- I DO NOT wish take advantage of the EyeScreen Exam. Please dilate my eyes (at no additional cost) I understand that the drops will last for 6-8 hours and may impair my vision.
- I DO NOT wish to take advantage of the EyeScreen Exam NOR do I want my eyes dilated. I understand that by not doing either procedure that certain diseases may go undetected. I will not hold North County Optometry or Dr Mitchell Shulkin liable for any damages that may incur due to my decision.

Patient Signature

Date